info@exceldatapro.com
Call: +91 9687 8585 63

Food Calorie Calculator Excel Template

Personal Information

Name		Dietitian/Nutritionist		
Age		Weight		Height		Gender:	

Calorie Markup

Markup	Breakfast	Lunch	Dinner
Ideal			
Prescribed			
Actual			
Difference			

Calorie Calculator

1. Breakfast

Food Details	Quantity		Calorie
	Amount	Measure	
Total Calories Intake in Breakfast			

2. Lunch

Food Details	Quantity		Calorie
	Amount	Measure	
Total Calories Intake in Lunch			

3. Dinner

Food Details	Quantity		Calorie
	Amount	Measure	
Total Calories Intake in Dinner			