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Food Calorie Calculator Excel Template

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		Per	<u>sonal Ir</u>	ıformat	ion		
Name		Dietitian/Nutritionist		Nutritionist			
Age		Weight	Weight			Gender:	
		(Calorie I	Markup)		- 1
Markup		Breakfast		Lunch		Dinner	
Ideal							
Prescribed							
Actual							
Difference							
		Ca	alorie C	alculato	or		
1. Break	fast						
	T7 -	ad Dataila			Quantity		Calorie
Food Details						Measure	
			Tota	al Calories	Intake in	Breakfast	
2. Lunch							
					Quantity		
	Fo	od Details				Measure	Calorie
					IIIIouii	TVI CUES CIT C	
Total Calories Intake in Lunch							
3. Dinne	r						
					Quantity		
Food Details				Amount Measure		Calorie	
							$\neg \neg$
							$\neg \neg$
Total Calories Intake in Dinner							