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Monthly Blood Pressure Log Excel Template

Personal Information

Patient's Name :			Consulting Doctor:	
Patient's Age:			Gender:	

Blood Pressure Levels

Normal Blood Pressure Levels		Target Blood Pressure Levels		Month
Systolic	Diastolic	Systolic	Diastolic	
120 mmHg	80 mmHg			

Monthly Blood Pressure Log Chart

Date	Time	Systolic	Diastolic	Time	Systolic	Diastolic	Additional Remarks
dd/mm/yyyy	AM	mmHg	mmHg	PM	mmHg	mmHg	